



Open 10 Mile Time Trial

Sunday 6 June 2021 at 15:00

Course: H10/17R

The event is being run for and on behalf of Cycling Time Trials under their rules and regulations

Event Secretary

Claire Emons
Lorien, Tile Barn
Woolton Hill
Newbury
Berkshire RG20 9XE

Event Headquarters

Buckland Memorial Hall
Orchard Road
Buckland
Oxfordshire, SN7 8QT

Timekeepers: Bob Lyle (Newbury RC) and Ian Lakey (Newbury RC)

Assistant Timekeeper: William Emons (Newbury RC)

On the day organiser: Claire Emons (Newbury RC): 07733 272826

SIGN ON – BUCKLAND MEMORIAL HALL

It is compulsory for all riders to sign on **AND sign out**. Numbers will be available at the event headquarters at Buckland Memorial Hall which will open from 2:00pm. Note that parking at the event HQ is limited so please park well in the car park and be respectful to locals within the village. If the car park is full there is parking on the road near the start

TURBOS

Use of turbos in the village or at the hall is prohibited. Please either warm up on the road or park away from the village if you wish to warm up on a turbo.

TOILET FACILITIES

There are toilet facilities at the HQ please observe social distancing and hand hygiene at all times.

REFRESHMENTS

Sadly we are unable to serve tea and coffee after the event but as with all of our club events there will be wrapped cake available for you to enjoy when you return your numbers and sign back in, donations will be greatly appreciated and this year this event is supporting Thames Valley Air Ambulance. We will be happy to take cash donations on the day but if you wish to use the link its here

<https://www.justgiving.com/fundraising/NRCOPEN10>

**Newbury Road Club
Time Trial Competitor Information
Events during COVID-19**

1	Competitors should not attend if they feel ill in ANY way or if family members or other close contacts have any symptoms or have tested positive for the virus.
2	Competitors must be conscious of the need for Social Distancing at all times and must not congregate into groups. If queuing for sign-on, competitors must maintain a minimum distance of 2m from other individuals. There will be no markings at the sign-on or at the start, competitors should be used to maintaining 2m and we trust them to act responsibly.
3	Signing-on will be open from 2pm . Please do not arrive any earlier than necessary. Competitors are requested to wear a face covering at sign-on.
4	Race numbers will be placed onto the table for the rider to take once they have signed on. Please only handle your number.
5	Hand sanitizer will be available at signing-on.
6	Competitors will be provided with a number but must provide their own pins if required. Please return your number in the bin provided in the car park
7	Competitors should be conscious that the HQ is in a village and we request that riders are respectful of the local residents, please park considerately at the Village Hall and in surrounding areas.
8	Turbo trainers or other static devices must NOT be used at the village Hall or in the village. Any warming up should be done on the road and turbos may only be used in areas away from the Village. Once the race has started please make sure you do not pass the start when warming up
9	Competitors should aim to arrive at the start no more than 3 minutes before their start time. When waiting to start competitors should maintain a distance of at least 2m between themselves and other competitors front and rear.
10	Competitors will not be held or pushed-off. They must start themselves from a 'foot down' position. No rolling starts.
11	Competitors on finishing MUST NOT stop at the finish and MUST NOT loiter at the HQ/car park and MUST pack away and leave immediately upon completion of the race.
12	Results will be published as soon as possible on the club website and Facebook page.
13	No support can be provided if a competitor suffers mechanical difficulties. It is strongly advised that all competitors carry with them a spare inner-tube/tubular, pump and tyre levers if required.

14	It is strongly advised that all competitors carry a mobile phone and take with them the telephone number of the event organiser. Please telephone the organiser if you have failed to finish the event.
15	Any rider found not to be following these instructions may be excluded from future events.

PRIZES

Tandem 1st £40 (£20 per rider)

COURSE DETAILS

H10/17R A420 Kingston Bagpuize to Tubney Wood and return (Revised July 2006)		
OS Ref	Description	Dist
371975	START at the corner of the lane from Hinton Waldrist about 5 yards south of the "Give Way" signs and in line with the north edge of the metal manhole cover in the centre of the lane. Bear left along the slip road to join the A420 eastbound. (Great care when joining A420 and give way to traffic from the right.)	0
407986	Proceed eastwards along A420 onto the dual carriageway by-pass and continue to the roundabout with the A415, (Care of traffic crossing on A415) Take the second exit to continue straight on along A420 after the by-pass towards the next dual carriageway section in Tubney Wood	2.428
451007	On approaching the Tubney Wood roundabout with the A338 look behind, signal and move into the outside lane (Care) to TURN around the roundabout and take the third exit to return westwards on A420	5.660
407986	Continue to the Kingston Bagpuize by-pass and on to the roundabout with the A415 (Care of crossing traffic) and take the second exit to remain on the A420	8.899
389980	FINISH, still on the A420 dual carriageway bypass, beside the first drain in the layby, 29 yards west of and beyond the large sign at the extreme eastern end for the crossroads to Charney Bassett and Longworth, 70 yds east of the footpath steps in the middle of the layby and 537 yds short of crossroads.	10

NOTES: The A420 is a clearway and no parking is permitted on this road or on its verges. The course is a mixture of single and dual carriageway with traffic limited to 50 mph on all the single carriageway stretches.

District regulations applicable to all events

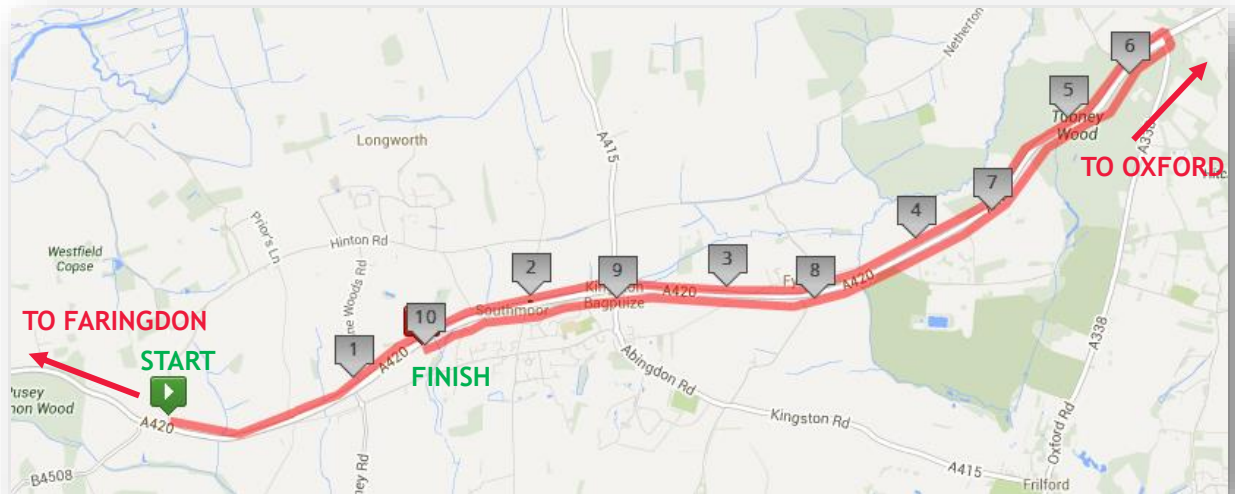
LWDC 1 All breaches of Local Regulations shall be reported in writing to the District Secretary.

LWDC 2 No vehicles, with the exception of the Timekeepers' or Timekeepers' Assistant shall be parked in the vicinity of the Start or Finish points.

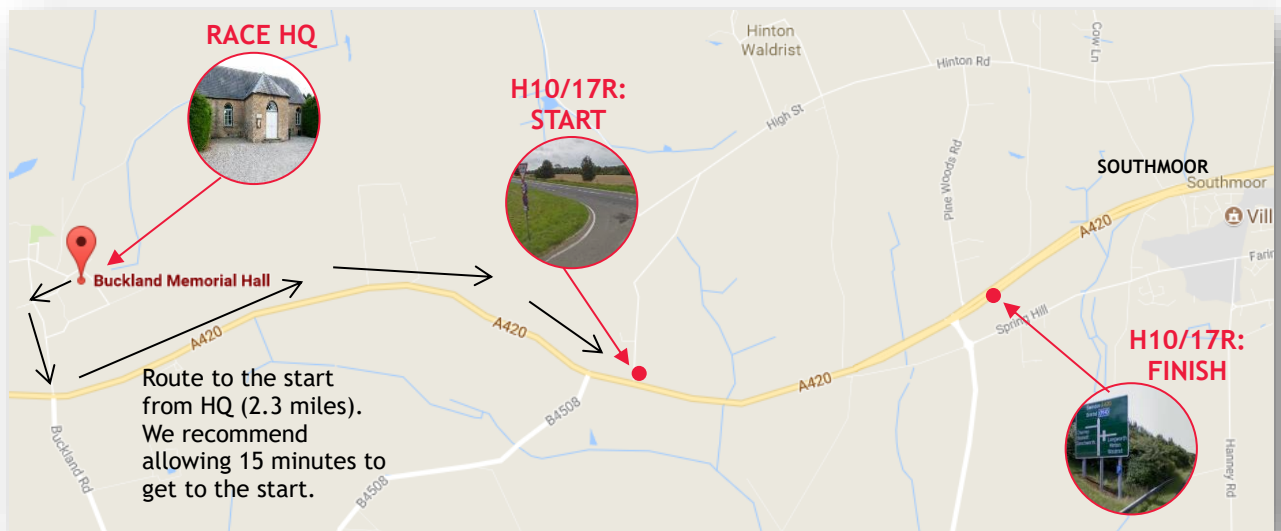
SAFETY

- Always give priority to traffic from your right when negotiating roundabouts.
- Signal clearly to other road users the course you intend to take.
- Safety – not your performance – is the first priority at all times.
- CTT regulations require competitors under 18 years of age to wear a helmet of hard/soft shell construction and recommends the use helmets by all other competitors

COURSE MAP



HQ TO THE START

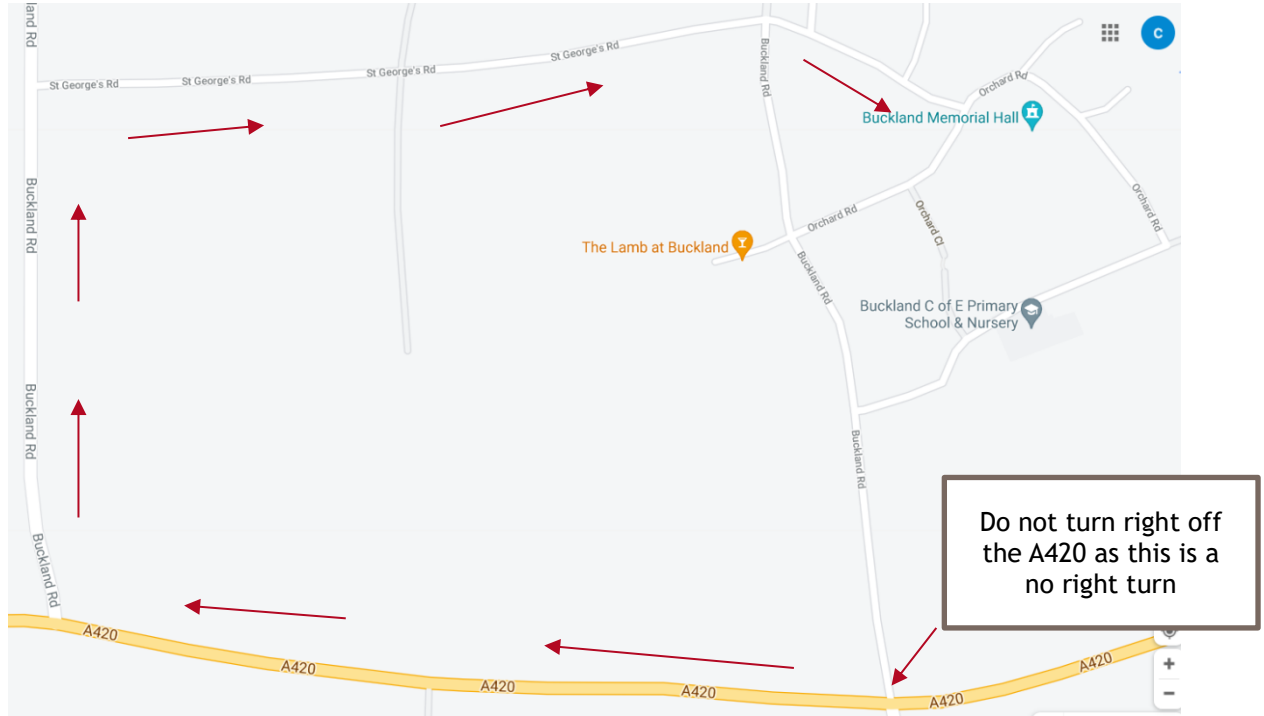


Getting to the start from HQ

Turn left out of HQ onto Orchard Road and when you get to Buckland Road (which leads to the A420) turn left. Follow the road to the junction with the A420 and turn left (CARE). Follow the A420 for approximately two miles until you get to the junction where the start is located (signposted Hinton Waldrist and Longworth). If you are early, you can ride up and down this minor road to stay warm.

Getting to the HQ from the race finish

After passing the finish, continue down the A420 and take the 2nd Left into Buckland Road, then right into St Georges Road, the slight right onto Orchard Road back to the HQ (Please do not retrace the route you made to the start as there is a no right hand turn into Buckland Road from the A420 . (see map below for route back to the HQ)



START SHEET

Time	Nos	Name		Club
16:23	83	Hannah	Newman	Westerley Cycling Club
		David	Newman	Westerley Cycling Club
16:25	85	Peter	Oliver	ZeroBC Race Team
		Mark	Cox	ZeroBC Race Team
16:26	86	Ian	Greenstreet	Newbury Velo
		Rachael	Elliott	Newbury Velo